Prof. Rajendra Singh (Rajju Bhaiya) Prayagraj, U.P.

Under Graduate Program Bachelor of Arts in Social Work Syllabus



CENTRE FOR SOCIAL WORK (Centre of Excellence) Session 2024-25

Semester-wise Titles of the Papers in U.G Program (Social Work)

Year	Semester.	Course	Paper Title	Theory/Practical	Credits
		Code			
B.A-	Ι	A160101T	Fundamentals of Social Work	Theory	5
1st					
Year	II	A160201T	Methods of Social Work	Theory	5
B.A-	III	A160301T	Areas of Social Work Practice	Theory	5
2 _{nd} Year	IV	A160401T	Social Problems	Theory	5
B.A	V	A160501T	Human Growth and Development	Theory	5
3 _{rd} Year	V	A160502T	Counseling and Guidance	Theory	5
I Cal	VI	A160601T	Social Legislation and Policy	Theory	5
	VI	A160602T	Social, Economic and Political Environment	Theory	5

B.A. Ist Year (Semester I)

Program: B.A.	Year: First	Semester: First		
Course Code: A160101T	ourse Code: A160101T Course Title: Fundamentals of Social Work			
Credit- 5	Max. Marks: 25+75 = 100			
Course outcomes: After o	ompleting this course, the student wil	l be able to:		
CO1. Outline the relevand	ce and implications of social work in loc	al, and regional contexts.		
CO2. Identify skills in networking, fundraising, and resource mobilization for sustainable				
social work initiativ	ves for promote employability			
CO3. Analyze the proble	m-solving skills to address gender and	social issues, and advocate for		
gender equality at Nationa				
	es and professional ethics and standards i	n social work practice, including		
maintaining confidentialit	y, informed consent, and ethical decisio	n-making.		
CO5. Evaluate the impo	rtance of environmental sustainability	and incorporate environmental		
concerns into social work	practice and interventions.			
	ocial entrepreneurship ventures that add	lress social issues.		
	Top			
Unit I	Concept and History of Social Wo			
	Concept, definitions and scope of socia	al work		
	Related concepts: Social Welfare, Social Development, Social Service			
	and social reform			
	Emergence of Social Work: UK, USA, India			
	Development of Social Work Education in India			
Unit II	Fundamental of Social Work			
	Profession: Meaning Definition and Attributes			
	Professional Social Work in India	Ethion		
	Values of the Social Work &Codes of Principles and Skills of Social Work	Ethics		
Unit III	Social Work Approach and Ideology	7		
	Generalist Approach to Social Work P			
	Professional v/s Voluntary Approache			
	Gadhian Approach			
	Influence of Political Ideology on Soci	ial Welfare Policies and Program		
Unit IV	Human Rights and Social Work	6		
Chit I V	Concept and Definition of Human Rig	hts		
	History of Human Rights			
	Universal Declaration of Human Right	ts		
	Human Rights in India			
	Social Work and its Relation to Human	n Rights and Social Justice		
<u>References-</u>				

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- 5. Barlow, C. (2019). Foundations of social work practice: A strength-based approach. Los Angeles, CA: Sage Publications.
- 6. Carew, J. (2018). Understanding social work: A guide for students. London, England: Routledge.
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- 12. Banks, S. (1995). Ethics and Values in Social Work: Practical Social Work Series, London: Macmillan Press Ltd.
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- 7. https://www.ifsw.org/
- 8. http://www.socialworkhelper.com/

Suggested Continuous Evaluation Methods:

A) Semester End Examination :75 marks

B). Internal Assessment: 25marks (Sessionals-10, Assignment/ Research Orientation of Students: 05, Assignment Presentation: 05, Class Participation: 05)

Activity-

B.A. Ist Year (Semester II)

Program: B.A	Year: First	Semester: Second			
Course Code: A160201T	Course Title: Methods of Social Work (Theory)				
Credit – 5	Max. Marks: 25+75 = 100				
Course outcomes: After completing this course, the student will be able to					
CO1. Identify solutions and proposals to promote sustainable social development at local, regional					
and National context.	and National context.				
CO2. Outline the interv	ention plans that integrate human	values and professional ethics in social			
work practice.					
CO3. Explain the applic	cation of global social work met	hods in addressing entrepreneurship and			
employability concerns.					
CO4. Analyze the effect	tiveness of different social work r	nethods in addressing environmental and			
sustainability concerns.		C			
·	ct of social work methods on en	hancing gender equality and addressing			
environmental concerns.		and a second of a second second			
		vork methods in achieving desired goals.			
Units	Topic Social Case Work Concept, Skills and Process				
	Concept of Social casework				
Unit I					
Omt I	Principles of Social Case Work Skills of Casework				
Child I	Principles of Social Case Work				
Child I	Principles of Social Case Work Skills of Casework	nunity Organization			
	Principles of Social Case Work Skills of Casework Process of Social Casework Social Group Work and Comm Concept of social group work	nunity Organization			
Unit II	Principles of Social Case Work Skills of Casework Process of Social Casework Social Group Work and Comm Concept of social group work Skills and techniques	nunity Organization			
	Principles of Social Case Work Skills of Casework Process of Social Casework Social Group Work and Comm Concept of social group work Skills and techniques Group behavior and Dynamics				
	Principles of Social Case Work Skills of Casework Process of Social Casework Social Group Work and Comm Concept of social group work Skills and techniques Group behavior and Dynamics Concept of Community, Types of				
	Principles of Social Case Work Skills of Casework Process of Social Casework Social Group Work and Comm Concept of social group work Skills and techniques Group behavior and Dynamics Concept of Community, Types of Community power structure	of Community			
Unit II	Principles of Social Case Work Skills of Casework Process of Social Casework Social Group Work and Comm Concept of social group work Skills and techniques Group behavior and Dynamics Concept of Community, Types of Community power structure Community Organization and Community	of Community ommunity Development			
	Principles of Social Case Work Skills of Casework Process of Social Casework Social Group Work and Comm Concept of social group work Skills and techniques Group behavior and Dynamics Concept of Community, Types of Community power structure Community Organization and Community Organization and Community Social Welfare Administration	of Community <u>ommunity Development</u> and Social Action			
Unit II	Principles of Social Case Work Skills of Casework Process of Social Casework Social Group Work and Comm Concept of social group work Skills and techniques Group behavior and Dynamics Concept of Community, Types of Community power structure Community Organization and Community Organization and Community Social Welfare Administration Concept, History and Principles	of Community ommunity Development and Social Action of Social Welfare Administration			
Unit II	Principles of Social Case Work Skills of Casework Process of Social Casework Social Group Work and Comm Concept of social group work Skills and techniques Group behavior and Dynamics Concept of Community, Types of Community power structure Community Organization and Community Organization and Community Social Welfare Administration Concept, History and Principles Components of Social Welfare	of Community ommunity Development and Social Action of Social Welfare Administration Administration			
Unit II	Principles of Social Case Work Skills of Casework Process of Social Casework Social Group Work and Comm Concept of social group work Skills and techniques Group behavior and Dynamics Concept of Community, Types of Community power structure Community Organization and Community Organization and Community Social Welfare Administration Concept, History and Principles Components of Social Welfare Concept, Models and Strategies	of Community ommunity Development and Social Action of Social Welfare Administration Administration			
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Unit II	Principles of Social Case Work Skills of Casework Process of Social Casework Social Group Work and Comm Concept of social group work Skills and techniques Group behavior and Dynamics Concept of Community, Types of Community power structure Community Organization and Community Organization and Community Social Welfare Administration Concept, History and Principles Components of Social Welfare Concept, Models and Strategies	of Community ommunity Development and Social Action of Social Welfare Administration Administration s of Social Action			
Unit II	Principles of Social Case Work Skills of Casework Process of Social Casework Social Group Work and Comm Concept of social group work Skills and techniques Group behavior and Dynamics Concept of Community, Types of Community power structure Community Organization and Community Organization and Community Social Welfare Administration Concept, History and Principles Components of Social Welfare Concept, Models and Strategies Approaches of Social Action Gandhian and Ambedkar approa	of Community ommunity Development and Social Action of Social Welfare Administration Administration s of Social Action			

Unit IV Research Design and Process				
	Sampling and Data Collection			
	Statistical Tools and Use of Computer in Research			
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2. Kaslow, F. W., &	z Jackson, T. J. G. (2022). Theoretical perspectives for direct social work			
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	antitative approaches. Wiley.			
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Winston.				
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Theories%20and%20Methods%20of%20Social%20Work.pdf				
4. <u>https://www.sweducarebd.com/20 17/08/methods-of-social-work.html</u>				
Suggested Continuous E	valuation Methods:			
A) Semester End Examin	ation :75 marks			
B). Internal Assessment: 2	25marks (Sessionals-10, Assignment/ Research Orientation of Students: 05,			
	05, Class Participation: 05)			
Activity				

Activity-

B.A. II Year (Semester 3)

Program : B.A.	Year: Second	Semester: Three
Course Code: A160301T	Course Title: Area of Social W	ork Practice (Theory)
Credit-5	Max. Marks: 25+75 = 100	
Course outcomes: After completing this course, the student will be able to		

CO1. Outline knowledge of national and international social work theories and principles to

analyze and address local and regional concerns.

CO2. Identify opportunities in the government and private sector employment and entrepreneurship through social work intervention.

CO3. Apply ethical principles and human values in social work practice, ensuring client

confidentiality and informed consent.

CO4. Analyze the relationship between social work practice and environmental sustainability.

CO5. Evaluate the social construction of gender and its impact on individuals, families, and communities.

CO6. Design professional skills such as communication, leadership, teamwork, and problem-solving.

Units	Торіс	
	Family and Child Welfare	
Unit I	Family: Concept, Meaning, Definition, Importance and Functions Types of families: Joint, Extended, Nuclear, Single Parent and Female Headed Child: Concept and Definition and Stages of Childhood Needs and Problems of Children; Types of Children Personality Development: Role of Family, Peer Group, Neighborhood, School National Policy on Children	
	Youth Welfare	
Unit II	Youth Welfare: Concept, Meaning, Definitions and Importance Needs and Problems of Youth; Youth Unrest, Youth Conflict and Youth Crime	
	National Youth Policy; Role of Social Worker in Mitigating the Issues of Youth	
	Elderly Welfare	
Unit III	Elderly: Concept, Meaning and Definition Needs and Problems of Elderly Profile of Elderly; Constitutional and Legislative Provisions for the Welfare of the Aged	
	Gender and Empowerment	
Unit IV	Advocacy, Legal Rights and Human Rights Campaign Women's Empowerment: Concept, Definition, and Current Status Policies and Programs for Women's Empowerment	

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Suggested Continuous Evaluation Methods:

A) Semester End Examination :75 marks

B). Internal Assessment: 25marks (Sessionals-10,Assignment/ Research Orientation of Students: 05, Assignment Presentation: 05, Class Participation: 05)

Activity-

B.A. II Year (Semester 4)

Program: B.A.	Year: Second Semester: Forth			
Course Code: A160401T	Course Title: Social Problems (Theory)			
Credit-5	Max. Marks: 25+75 = 100			
Course outcomes: After co	ompleting this course, the student will be	able to:		
CO1. Identify the impact of	global trends on national social problems.			
CO2. Present the important	ce of human values and professional ethics	s in conduct of social science		
research and practice.				
CO3. Apply social science	concepts to analyze environmental issues	and the needs of sustainable		
development.				
CO4. Analyze the social, cu	ltural, and economic factors influencing gen	nder issues.		
CO5. Evaluate the social,	cultural, and economic factors contributing	g to gender disparities among		
local and regional community	ties.			
CO6. Construct the skills to	promote employment and entrepreneurship	at across India and Abroad.		
Units Topic				
	Social Problem			
Unit I	Concept, Characteristics, Causes of Social Problems,			
	Main Social Problems in India-Unemployment, Illiteracy Poverty. Concept, Causes, Consequences and Measures for Eradication.			
	Alcoholism, drug abuse.			
	Role of Social Worker.			
	Gender and Related Concerns			
Unit II	Understanding gender, gender discrimination Gender Based Violence			
	Lesbian, gay, bisexual, and transgender (LGBTQ)			
	Social and Legal instruments to address g	ender related concerns		
	Contemporary Social problems (I)	Other Dealguerd Classes on		
Unit III	Scheduled Castes, Scheduled Tribes, Other Backward Classes and Minorities			
	Child Labor and their care and protection,			
	Problem of elderly and differently able pe			
	Suicide: Definition, Causes, Types and In	-		
	Farmers and Student's Suicide: Preventio Workers	n, Remedy and Role of Social		
Unit IV	Contemporary Social problems (II)			
	Demography- Concept, importance,			
	Theories Population: Malthus and Karlma	rks, Causes, factors and		
	Consequences of population growth; Population control			

- 2. Hawes, G. E., & Dyer, J. S. (2023). Social problems: A critical perspective.
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- 11. Madan, G.R. (1981): Indian social problem, New Delhi : Allied publication
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Suggested Continuous Evaluation Methods:

A) Semester End Examination :75 marks

B). Internal Assessment: 25marks (Sessionals-10, Assignment/ Research Orientation of Students: 05, Assignment Presentation: 05, Class Participation: 05)

Activity-

B.A. III Year (Semester 5) Paper 1 Theory

Program: B.A.	Year: Third	Semester: Fifth
Course Code: A160501T	Course Title: Human Grov	vth and Development
Credit – 5	Max. Marks: 25+75 = 100	

Course outcomes: After completing this course, the student will be able to

CO1. Identify the major National and Global theories of human growth and development.

CO2. Outline the importance of human values and professional ethics in guiding development efforts at local and regional level.

CO3. Plan comprehensive skill development programs that consider individual differences and cultural diversity.

CO4. Develop strategies to promote environmental awareness and sustainable living.

CO5. Assess the roles of entrepreneurship and employability in shaping individual career trajectories and societal progress.

CO6. Evaluate the effectiveness of existing policies and programs addressing gender issues in specific areas.

Units	Торіс
	Human Growth and Development.
Unit I	Meaning and definition
	Biological influences of Human Growth and Behaviours
	Factors Affecting Human Development
	Physical, Social and Educational Aspects of the following
	developmental stages with special reference to Indian conditions
	Different Stages of Human Development (I)
TT *4 TT	Infancy
Unit II	Early Childhood
	Middle and Late Childhood
	Adolescence
	Early Adulthood
	Middle Age
	Old Age
Unit III	Introduction to Social Psychology
	Social Psychology: Concept, Definition and Relevance to Social Work,
	Perception
	Motivation: Concept and Factors affecting Motivation
	Emotion and Intelligence
	Social Attitude: Meaning, Definition
	Collective Behaviour: Characteristics and Dynamics
	Leadership: Meaning, Definitions, Traits and Functions

	Personality and Social Learning
11	Personality: Concept, Determinants, and Characteristics
Unit IV	Learning, definition and types
	Personality: Concept and Determinants
	Psychoanalytic Theories of Personality: Freud and Carl Jung
	Behaviour and Humanistic Theories: B.F. Skinner and Carl Rogers
Dafaranaas	

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- 2. Berger, K. S. (2022). The developing person through the life span. Worth Publishers.
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- 4. Kuther, T. L., & McGowan, J. M. (2020). Lifespan development. Sage Publications.
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Suggested Continuous Evaluation Methods:

A) Semester End Examination :75 marks

B). Internal Assessment: 25marks (Sessionals-10, Assignment/ Research Orientation of Students: 05, Assignment Presentation: 05, Class Participation: 05)

Activity-

Assignment Test / Quiz (MCQ) Poster Presentataion Seminar Presentations

B.A. III Year (Semester V) Paper 2 (Theory)

Program: B.A		Year: Third	Semester: Fifth		
Course Code: A160502T		Course Title: Counseling and Guidance (Theory)			
Credit - 5		Max. Marks: 25+75 = 100			
<u>Course outcomes:</u> After co	mpleting th	is course, the student will be able to-			
CO1. Prepare the guidelin	CO1. Prepare the guidelines to practice Human values and professional ethics in counseling and guidance.				
CO2. Outline the impact o	of global and	l national concerns on counseling and guidance	practices.		
CO3. Apply counseling ar	nd guidance	principles and skills to support individuals for	entrepreneurship\and		
employment.					
CO4. Utilize innovative an	nd technical	skill into counseling and guidance services.			
	CO5. Assess gender-related challenges to promote gender equality through counseling and guidance for the				
C C					
	individuals facing gender-related issues.				
CO6. Design an ecologi	CO6. Design an ecological perspective into counseling and guidance by raising awareness about				
environmental issues and f	environmental issues and fostering sustainable behaviors among individuals and communities.				
Unit		Торіс			
		on To Counseling and Guidance			
		nd Definitions of Counseling and Guidance			
Counseling		of Counseling			
		ng Process (Assessment, Intervention, And Termination			
Skills of Co					
		nd Techniques of Counselling			
Unit II	Theories of Counseling Ethical considerations in Counseling				
	Counseling Techniques				
	Crisis Inter				

	Counseling With Special Groups and Individual
	Individual Counselling
	Characteristics and Needs of Special Groups
Unit III	Counseling and Guidance with Delinquents, School Drop-outs, HIV - AIDS
	Patients, Processes and Social Work Intervention
	Understanding Group Dynamics and Group Process
	Skills of Group Facilitation (including dealing with conflict).
	Special Problem
	Nature of Behavior Problems
	Problems of Children
	Problems of Adolescents
Unit IV	Identification of Behavior Problems
Unit IV	Types of Behavior Problems
	Causes of Behavior Problems
	Personal and Social Needs
	Suggestions for Dealing with Behavioral Problems Remedial Measures
	Role of Teachers, Parents, Counsellors/Psychologist

- 1. Frank W. F. G. B. & William A. D.(2023). Counseling: A comprehensive profession. Pearson.
- 2. Patricia M. A. & Robert C. K.(2022). Theories of counseling and psychotherapy: A case approach. Wiley.
- 3. Michael L. P. & Jennifer R. T.(2021). Counseling and guidance in schools: A comprehensive approach. Sage Publications.
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- 6. Derald Wing Sue, David Sue, Helen A. Neville, and Laura Smith (2019): "Counseling the Culturally Diverse: Theory and Practice" Wiley Publication.
- 7. Ed E. Jacobs, Robert L. L. Masson, Riley L. Harvill, and Christine J. Schimmel (2015): "Group Counseling: Strategies and Skills" Cengage Learning Publication.
- 8. Vernon Zunker (2016) : "Career Counseling: A Holistic Approach" Cengage Learning Publication.
- 9. Nancy L. Murdock (2016) : "Theories of Counseling and Psychotherapy: A Case Approach" Pearson Publication.
- 10. Nayak, A. K. (2007). Guidance and counselling. New Delhi: APH Publishing.
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Suggested Continuous Evaluation Methods:

A) Semester End Examination :75 marks
 B). Internal Assessment: 25marks (Sessionals-10,Assignment/ Research Orientation of Students: 05, Assignment Presentation: 05, Class Participation: 05)
 Activity Assignment
 Text / Oniz (MCO)

Test / Quiz (MCQ) Poster Presentation Seminar Presentations

B.A. III Year (Semester VI) Paper 1 (Theory)

Program: B.A.	Year: Third	Semester: Sixth
Course Code: A160601T	Course Title: Social Legislation and Policy (Theory)	
Credit - 5	Max. Marks: 25+75 = 100	

<u>Course outcomes:</u> After completing this course, the student will be able to

CO1.Outline the importance of human values and professional ethics in the development and implementation of social legislation and policy.

CO2. Identify the effectiveness of national and international policies and programs designed to foster intervention skills for individuals and communities.

CO3. Analyze and evaluate the effectiveness of social legislation and policy in addressing local, regional, national issues.

CO4. Compare the impact of social legislation and policy on environmental issues, such as climate change, natural resource management, pollution, and biodiversity conservation.

CO5. Design strategies and policy recommendations to bridge the gap between available human resource and available entrepreneurial and employment opportunities.

CO6. Predict the impact of legislation and policy on gender issues, including violence against women, pay equity, reproductive rights, and gender representation in decision-making positions.

Units	Торіс	
Unit I	Social Legislation Legislation: Concept, Definition and Function Process of Making Legislation Social Legislation: Concept, Meaning and Definition	

	Needs and Objectives of Social Legislation		
	Welfare State; Legal-aid and Legal and Public Advocacy		
Unit II	Social Legislations in India		
	Salient Features of Dowry Prohibition Act (1961) and its Amendments; Salient		
	Features of Protection of Women from Domestic Violence Act (2005);		
	Salient Features of Child Labour Prohibition and Regulation Act (1986) and its		
	Amendments; Salient Features of Juvenile		
Unit III	Introduction to Social Policy and Social Planning		
	Social Policy: Concept, Definitions, Characteristics and Objectives		
	Social Policy: Principles, Models, and Determinants		
	Social Planning: Concept, Definitions and Objectives		
	Social Planning: Principles, Functions and Types Social and Economic Planning		
	Planning Commission and Niti Aayog: Structure and Functions		
	Nature and Concept of Development		
	Social Development and Economic Development: Concept, Definition,		
Unit IV	Objectives		
	UNDP and Human Development		
	Human Development Indicators		
	Approaches to Human Development		
	Sustainable Development: Concept, Definition, Objectives and Goals		
7			

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- 7. Bakshi PM (2007), Constitution of India, Delhi: Universal Law Publishing House
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- 9. Gaur K. D. (2004) A Text Book on the Indian Penal Code, Delhi: Universal Law Publication Co. Government of India. (1956), Social Legislation, New Delhi, Govt of India
- 10. Kulkarni, P. D. (1979). Social Policy and Social Development in India, Madras: Association of Schools of Social Working India
- 11. Dr. G.k. Agrawal "Welfare and Social Legislation in India (Hindi)".,sbpd publishing house

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- 3. <u>https://www.researchgate.net/publication/332665554_Social_policy_and_social_legislation_A_jurisprudential_interfa_ce</u>
- 4. <u>https://www.academia.edu/23325551/A_Referrence_guide_on_social_legislation</u>
- 5. https://www.gkpad.com/sachin/05-22/MSW-Social-Policy-and-Social-Legislation-in-India.html

Suggested Continuous Evaluation Methods:

A) Semester End Examination :75 marks

B). Internal Assessment: 25marks (Sessionals-10, Assignment/ Research Orientation of Students: 05,

Assignment Presentation: 05, Class Participation: 05

Activity-

B.A. III Year (Semester-VI) Paper 2 (Theory)

Program: B.A	Year: Third	Semester: Sixth		
Course Code: A160602T	Course Title: Social, Economic and Political Environment			
Credit – 5	Max. Marks: 25+75 = 100			
Course outcomes: After completing this course, the student will be able to				
CO1Outline the social, eco	nomic, and political systems at the	national, regional, and global levels to		
understanding of the complex	interactions.			
CO2. Understanding of professional ethics and human values such as empathy, compassion, within social,				
economic, and political enviro	onments			
-		yability and entrepreneurial opportunities.		
CO4.Propose strategies for sustainable development by evaluating the impact of policies on the environment. CO5.Advocate for gender equality and social justice by analyzing the impact of policies on diverse communities.				
CO6.Evaluate the effective	ness of these interventions in real-	world settings, andenhance professional		
competence.				
Units	Торіс			
Unit I	Sociological Perspective	•		
	Society, Culture and Socialization			
	Social Institutions: Change and Continuity			
	Social Stratification: Concepts and Theories			
	Social Control: Theories of Conformity and Deviance			
	Social Dynamics			
Unit II	Concept of Social Change			
emt n	Theories of Social Change			
	Concept of Social Movement			
Unit III	Theories of Social Movement			
Unit III	Indian Economy			
	Characteristics of Indian Economy			
	National Income: Concepts and Measurement Economic Growth and Development			
	Liberalization, Privatization and Globalization			
	Indian Polity			
	Indian Constitution			
Unit IV	Central, State and Local Governance			
	Indian Democracy: Unity in Diversity			

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Suggested Continuous Evaluation Methods:

A) Semester End Examination :75 marks

B). Internal Assessment: 25marks (Sessionals-10,Assignment/ Research Orientation of Students: 05, Assignment Presentation: 05, Class Participation: 05)

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